



Allergy Information

The following list contains information on the major allergens contained in the dishes available on our menu. All our pasta dishes can be cooked with gluten free pasta however please note that the meatballs in the dish 'Penne Polpette' contain gluten and the Italian sausage in the dishes 'Rigatoni Toscana', 'Pizza Salsiccia Pesto' and 'Salsiccia Al Forno' may contain traces of gluten.

If you have a severe allergy please let a member of staff know before ordering.

Our chefs & suppliers handle numerous ingredients and allergens.

Whilst we have strict controls in place to reduce the risk of contamination, unfortunately it is not possible for us to guarantee that our dishes will be 100% allergen or contamination free.

Also please note that the cheese offered at your table contains milk and egg and will alter the suitability of your dish. If you are unsure of anything, please speak to a member of staff.

If you have downloaded this document from our website please be aware that we may make changes and update this information from time-to-time so please ensure you have downloaded the latest version before ordering. If in doubt just ask a member of staff who will be happy to advise you.

Starters

	<i>Does it contain?</i>										<i>Is it suitable for?</i>	
	<i>Celery</i>	<i>Gluten</i>	<i>Sulphites</i>	<i>Crustaceans</i>	<i>Molluscs</i>	<i>Eggs</i>	<i>Fish</i>	<i>Milk</i>	<i>Mustard</i>	<i>Tree Nuts</i>	<i>Vegetarians</i>	<i>Vegans</i>
<i>Olives</i>											<i>Yes</i>	<i>Yes</i>
<i>Sunblush Tomatoes</i>											<i>Yes</i>	<i>Yes</i>
<i>Ciabatta</i>		<i>Yes</i>									<i>Yes</i>	<i>Yes</i>
<i>Garlic Bread</i>		<i>Yes</i>						<i>Yes</i>			<i>Yes</i>	
<i>Garlic Bread with Mozzarella</i>		<i>Yes</i>						<i>Yes</i>			<i>Yes</i>	
<i>Funghi Trifolata</i>			<i>Yes</i>					<i>Yes</i>			<i>Yes</i>	
<i>Gnocchi Pomodoro</i>	<i>Yes</i>	<i>Yes</i>									<i>Yes</i>	<i>Yes</i>
<i>Pizza Pomodoro</i>		<i>Yes</i>									<i>Yes</i>	<i>Yes</i>
<i>Bruschetta Pomodoro</i>		<i>Yes</i>									<i>Yes</i>	<i>Yes</i>
<i>Bruschetta Mozzarella</i>		<i>Yes</i>						<i>Yes</i>			<i>Yes</i>	
<i>Bruschetta Parma</i>		<i>Yes</i>									<i>No</i>	
<i>Arancini di Porcini</i>		<i>Yes</i>				<i>Yes</i>					<i>Yes</i>	
<i>Gamberoni Al'Aglio</i>			<i>Yes</i>	<i>Yes</i>		<i>Yes</i>		<i>Yes</i>	<i>Yes</i>			
<i>Cozze Crema</i>			<i>Yes</i>		<i>Yes</i>			<i>Yes</i>				
<i>Trio Colore</i>			<i>Yes</i>					<i>Yes</i>			<i>Yes</i>	
<i>Insalata Salmone Affumi</i>						<i>Yes</i>	<i>Yes</i>		<i>Yes</i>			
<i>Anti Pasto</i>		<i>Yes</i>						<i>Yes</i>				

Salads

	<i>Does it contain?</i>										<i>Is it suitable for?</i>	
	<i>Celery</i>	<i>Gluten</i>	<i>Sulphites</i>	<i>Crustaceans</i>	<i>Molluscs</i>	<i>Eggs</i>	<i>Fish</i>	<i>Milk</i>	<i>Mustard</i>	<i>Tree Nuts</i>	<i>Vegetarians</i>	<i>Vegans</i>
<i>House Dressing</i>						<i>Yes</i>			<i>Yes</i>		<i>Yes</i>	
<i>Balsamic Glaze</i>			<i>Yes</i>								<i>Yes</i>	<i>Yes</i>
<i>Anti-Pasto</i>		<i>Yes</i>	<i>Yes</i>					<i>Yes</i>				
<i>Side Salad</i>						<i>Yes</i>			<i>Yes</i>		<i>Yes</i>	
<i>Insalata Parmigiano</i>			<i>Yes</i>					<i>Yes</i>			<i>Yes</i>	
<i>Insalata Salmone Affumi</i>						<i>Yes</i>	<i>Yes</i>		<i>Yes</i>			
<i>Insalata Caprina</i>						<i>Yes</i>		<i>Yes</i>	<i>Yes</i>		<i>Yes</i>	
<i>Insalata Pollo</i>						<i>Yes</i>			<i>Yes</i>			
<i>Insalata Salmone Asparagi</i>						<i>Yes</i>	<i>Yes</i>		<i>Yes</i>			
<i>Insalata Di Mare</i>				<i>Yes</i>	<i>Yes</i>	<i>Yes</i>			<i>Yes</i>			

**The allergy information provided is based on the dish served with the default dressing. Ask your server if you would like the dish served with no dressing.*



Pasta / Al Forno

	<i>Does it contain?</i>										<i>Is it suitable for?</i>	
	<i>Celery</i>	<i>Gluten</i>	<i>Sulphites</i>	<i>Crustaceans</i>	<i>Molluses</i>	<i>Eggs</i>	<i>Fish</i>	<i>Milk</i>	<i>Mustard</i>	<i>Tree Nuts</i>	<i>Vegetarians</i>	<i>Vegans</i>
<i>Spaghetti Pomodoro</i>	<i>Yes</i>	<i>Yes</i>									<i>Yes</i>	<i>Yes</i>
<i>Spaghetti Bolognese</i>	<i>Yes</i>	<i>Yes</i>										
<i>Spaghetti Carbonara</i>		<i>Yes</i>				<i>Yes</i>		<i>Yes</i>				
<i>Spaghetti Gamberoni</i>		<i>Yes</i>	<i>Yes</i>	<i>Yes</i>				<i>Yes</i>				
<i>Spaghetti Marinara</i>	<i>Yes</i>	<i>Yes</i>	<i>Yes</i>	<i>Yes</i>	<i>Yes</i>							
<i>Rigatoni Amatriciana</i>	<i>Yes</i>	<i>Yes</i>						<i>Yes</i>				
<i>Rigatoni Toscana **</i>	<i>Yes</i>	<i>Yes**</i>										
<i>Rigatoni Tonno</i>	<i>Yes</i>	<i>Yes</i>					<i>Yes</i>	<i>Yes</i>				
<i>Penne Arrabiata</i>	<i>Yes</i>	<i>Yes</i>									<i>Yes</i>	<i>Yes</i>
<i>Penne Polpette *</i>	<i>Yes</i>	<i>Yes</i>										
<i>Penne Primavera</i>	<i>Yes</i>	<i>Yes</i>									<i>Yes</i>	<i>Yes</i>
<i>Tagliatelle Porcini</i>		<i>Yes</i>	<i>Yes</i>			<i>Yes</i>		<i>Yes</i>			<i>Yes</i>	
<i>Tagliatelle Spinachi</i>		<i>Yes</i>				<i>Yes</i>		<i>Yes</i>				
<i>Tagliatelle Salmone</i>	<i>Yes</i>	<i>Yes</i>	<i>Yes</i>			<i>Yes</i>	<i>Yes</i>	<i>Yes</i>				

* Please note that there is no gluten free option with this dish as the meatballs are prepared with breadcrumbs.

** The Italian sausage in this dish may contain traces of gluten.



Pasta / Al Forno / Risotto

	<i>Does it contain?</i>										<i>Is it suitable for?</i>	
	<i>Celery</i>	<i>Gluten</i>	<i>Sulphites</i>	<i>Crustaceans</i>	<i>Molluscs</i>	<i>Eggs</i>	<i>Fish</i>	<i>Milk</i>	<i>Mustard</i>	<i>Tree Nuts</i>	<i>Vegetarians</i>	<i>Vegans</i>
<i>Tortelloni Boscaiola</i>		<i>Yes</i>	<i>Yes</i>			<i>Yes</i>		<i>Yes</i>				
<i>Tortelloni alla Genovese</i>		<i>Yes</i>				<i>Yes</i>		<i>Yes</i>		<i>Yes</i>	<i>Yes</i>	
<i>Pollo Parmigano Al Forno</i>		<i>Yes</i>				<i>Yes</i>		<i>Yes</i>				
<i>Salsiccia Al Forno</i>		<i>Yes</i>										
<i>Funghi Spinachi Al Forno</i>		<i>Yes</i>						<i>Yes</i>			<i>Yes</i>	
<i>Lasagne Al Forno</i>	<i>Yes</i>	<i>Yes</i>				<i>Yes</i>		<i>Yes</i>				
<i>Risotto Pollo Porcini</i>			<i>Yes</i>					<i>Yes</i>				
<i>Risotto Asparagi</i>			<i>Yes</i>					<i>Yes</i>				
<i>Risotto Di Mare</i>	<i>Yes</i>		<i>Yes</i>	<i>Yes</i>	<i>Yes</i>							
<i>Risotto Gamberetti</i>			<i>Yes</i>	<i>Yes</i>				<i>Yes</i>				

Pizza / Calzone

	<i>Does it contain?</i>										<i>Is it suitable for?</i>	
	<i>Celery</i>	<i>Gluten</i>	<i>Sulphites</i>	<i>Crustaceans</i>	<i>Molluses</i>	<i>Eggs</i>	<i>Fish</i>	<i>Milk</i>	<i>Mustard</i>	<i>Tree Nuts</i>	<i>Vegetarians</i>	<i>Vegans</i>
<i>Pizza Pomodoro</i>		<i>Yes</i>									<i>Yes</i>	<i>Yes</i>
<i>Margherita</i>		<i>Yes</i>						<i>Yes</i>			<i>Yes</i>	
<i>Reginella</i>		<i>Yes</i>						<i>Yes</i>			<i>Yes</i>	
<i>Pepperoni</i>		<i>Yes</i>						<i>Yes</i>				
<i>Americana</i>		<i>Yes</i>						<i>Yes</i>				
<i>Funghi Caprina</i>		<i>Yes</i>						<i>Yes</i>				
<i>Giardinera</i>		<i>Yes</i>						<i>Yes</i>			<i>Yes</i>	
<i>Diavola</i>		<i>Yes</i>						<i>Yes</i>				
<i>Riviera</i>		<i>Yes</i>		<i>Yes</i>				<i>Yes</i>				
<i>Rustica</i>		<i>Yes</i>				<i>Yes</i>		<i>Yes</i>	<i>Yes</i>			
<i>Honolulu</i>		<i>Yes</i>						<i>Yes</i>				
<i>Salsiccia Pesto</i>		<i>Yes</i>						<i>Yes</i>		<i>Yes</i>		
<i>Di Capra</i>		<i>Yes</i>						<i>Yes</i>				
<i>Pollo Piquante</i>		<i>Yes</i>	<i>Yes</i>					<i>Yes</i>				
<i>Italian Job</i>	<i>Yes</i>	<i>Yes</i>						<i>Yes</i>				
<i>Napoli</i>		<i>Yes</i>					<i>Yes</i>	<i>Yes</i>				



Pizza / Calzone

	<i>Does it contain?</i>										<i>Is it suitable for?</i>	
	<i>Celery</i>	<i>Gluten</i>	<i>Sulphites</i>	<i>Crustaceans</i>	<i>Molluscs</i>	<i>Eggs</i>	<i>Fish</i>	<i>Milk</i>	<i>Mustard</i>	<i>Tree Nuts</i>	<i>Vegetarians</i>	<i>Vegans</i>
<i>Calzone Picante</i>		<i>Yes</i>						<i>Yes</i>				
<i>Calzone Salsiccia</i>		<i>Yes</i>						<i>Yes</i>				
<i>Calzone Basilica</i>		<i>Yes</i>						<i>Yes</i>		<i>Yes</i>	<i>Yes</i>	



Main Courses

	<i>Does it contain?</i>										<i>Is it suitable for?</i>	
	<i>Celery</i>	<i>Gluten</i>	<i>Sulphites</i>	<i>Crustaceans</i>	<i>Molluses</i>	<i>Eggs</i>	<i>Fish</i>	<i>Milk</i>	<i>Mustard</i>	<i>Tree Nuts</i>	<i>Vegetarians</i>	<i>Vegans</i>
<i>Pollo Funghi</i>			<i>Yes</i>					<i>Yes</i>				
<i>Branzino</i>	<i>Yes</i>		<i>Yes</i>				<i>Yes</i>					
<i>Bistecca Rosmarino</i>								<i>Yes</i>				
<i>Tonno Sicilia</i>			<i>Yes</i>				<i>Yes</i>	<i>Yes</i>				



Desserts

	<i>Does it contain?</i>										<i>Is it suitable for?</i>		
	<i>Celery</i>	<i>Gluten</i>	<i>Sulphites</i>	<i>Crustaceans</i>	<i>Molluscs</i>	<i>Eggs</i>	<i>Fish</i>	<i>Milk</i>	<i>Mustard</i>	<i>Tree Nuts</i>	<i>Soya</i>	<i>Vegetarians</i>	<i>Vegans</i>
<i>Chocolate Fudge Cake</i>						<i>Yes</i>							
<i>Profiteroles</i>		<i>Yes</i>				<i>Yes</i>		<i>Yes</i>					
<i>Apple Pie</i>						<i>Yes</i>							
<i>Salted Caramel Cheesecake</i>		<i>Yes</i>						<i>Yes</i>			<i>Yes</i>		
<i>Banoffee Pie</i>		<i>Yes</i>				<i>Yes</i>		<i>Yes</i>					
<i>Tiramisu</i>		<i>Yes</i>				<i>Yes</i>		<i>Yes</i>			<i>Yes</i>		
<i>Belgian Waffles</i>		<i>Yes</i>				<i>Yes</i>		<i>Yes</i>					